



HEALING AND TREATMENT INTERRUPTIONS. POTENTIAL OUTCOMES

4th Eating Disorders International Conference

NOVEMBER 19-20, 2021

MAST. Via Speranza, 42 - Bologna (Italy)

Fondazione Gruber organises every two years the Eating Disorders International Conference, addressed to all professionals involved in the psychological-nutritional rehabilitation of patients suffering from severe Eating Disorders (ED) and psychiatric co-morbidities.

Preceded in 2020 by two webinars, the 4th edition of the Conference focuses on the concept of healing at the very centre of its reflections.

Thanks to the dialogue between authoritative national and international professionals, issues and criteria related to treatment success and failure will be discussed in depth. A multidisciplinary perspective will be adopted in analysing the interconnection between diagnostic severity, psychiatric co-morbidity and the patients' social and family context.

In discussing rehabilitation from severe Eating Disorders, recovery will be considered as a process supported by the integrated work of health care professionals in association with the Treatment Network, with the aim to ensure continuity of care, patients' social reintegration and relapse prevention.



Fondazione Gruber



**Gruber
Foundation
Eating
Disorder
International
Conference**

FACULTY

DONATELLA BALLARDINI

MD, Specialist in Paediatrics and Nutritional Science, Medical Director of Centro Gruber, Bologna

PIETRO BARBETTA

Psychotherapist Psychologist, Associate Professor of Dynamic Psychology, University of Bergamo; Director of the Milan Centre for Family Therapy

VITTORIO LINGIARDI

Psychiatrist and Psychoanalyst, Full Professor of Dynamic and Clinical Psychology, Sapienza University, Rome; President SPR-IAG (Society for Psychotherapy Research – Italian Area Group)

MILENA B. MONTAGUTI

Psychiatrist and Psychotherapist, Coordinator of the Psychiatric Area, Residenza Gruber, Bologna

LUIGINA MORTARI

Full Professor of Epistemology of Qualitative Research, University of Verona

LAURA MUZI

Researcher in Clinical Psychology at the Department of Philosophy, Social Sciences, Humanities and Education, University of Perugia

MICHELE A. RUGO

Psychiatrist and Psychoanalyst, Medical Director of Residenza Gruber, Bologna

LUCY SERPELL

Full Professor of Psychology of Eating Disorders, University College London; Clinical Lead for Adult Eating Disorders, North East London NHS Foundation Trust, London

ANTONIO VITA

Psychiatrist, Full Professor of Psychiatry, University of Brescia; Director Mental Health Department, Brescia Hospital

STEPHAN ZIPFEL

MD, Specialist in Internal Medicine, Psychosomatics and Psychotherapy; Full Professor of Medicine, Head Department of Psychosomatic Medicine and Psychotherapy and Vice Dean of the Medical Faculty, University Hospital, Tübingen; Director of the Tübingen Center of Excellence for Eating Disorders (KOMET)

PROGRAMME

Friday, November 19

10:00-10:10

Paolo Bordon / WELCOME BY THE AUTHORITIES

10:10-10:30

Michele A. Rugo / GIVING A NAME TO A NUMBER – Introduction to the Conference

FIRST SESSION (10:30-13:00)

WHAT DOES HEALING MEAN? Clinical debate on healing criteria

In the first session the concepts of cure, recovery and remission will be presented from a multidisciplinary perspective. The basic assumption underlying the presentations is the consideration of healing as a process and treatment as a practice.

10:30-11:00

Luigina Mortari / TAKING CARE OF OTHERS: DIFFERENT MODES OF CARE PRACTICE

11:00-11:30

Donatella Ballardini / ALLIANCES, TREATMENTS, REMISSION

11:30-12:10

Vittorio Lingiardi e Laura Muzi /
CUSTOMIZED HEALING: RESEARCH ON TREATMENT OUTCOMES

12:10-12:40

Stephan Zipfel / NEW INSIGHTS IN BODY IMAGE DISTURBANCE AND THERAPY (online)

DISCUSSION 15 minutes

13:00 – 14:00 Quick Lunch

SECOND SESSION (14:15-16:30)

INTERRUPTIONS AND PATIENT WORSENING. Interferences in the treatment process

In the second session presentations will focus on the identification and analysis of the main elements that can cause treatment failure and patients' dropout: diagnostic severity, psychiatric comorbidity and family interference in the treatment process.

14:15-14:45

Lucy Serpell /
HOW TO IMPROVE OUTCOMES AND REDUCE DROPOUT FOR ANOREXIA NERVOSA

14:45-15:15

Antonio Vita / INSTABILITY AND BEHAVIORAL ACTING OUT: PHARMACOLOGICAL TREATMENTS

15:15 - 15:45

Milena B. Montaguti / INTRACTABILITY AND DIAGNOSIS

15:45-16:15

Pietro Barbetta / THE INTRUSION OF THE FAMILY

DISCUSSION 15 minutes

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FACULTY

GIOVANNI ABBATE DAGA

Psychiatrist, Full Professor of Psychiatry, University of Turin; Director of the Eating Disorder Regional Centre, University Hospital, Città della Salute e della Scienza, Turin

CRISTIANA ANDRUCCIOLI

Residenza Gruber and Centro Gruber, Bologna

ANNA RITA ATTI

Psychiatrist and Internal Medicine Physician, Associate Professor of Psychiatry, University of Bologna

CLAUDIA ATTILI

Professional Educator, Residenza Gruber, Bologna

VALENTINA FASOLI

Psychologist, Psychotherapist, Centro Gruber, Bologna

JEANNE MAGAGNA

Child, family and adult psychotherapist trained at the Tavistock Clinic, London; teacher of Tavistock MA in Centro Studi Martha Harris, Florence; former Head of the Psychotherapy Services at Great Ormond Street Hospital for Children and former Consultant Psychotherapist at Ellern Mede Centre for Eating Disorders, London

ANDREA PANÌCO

Psychoanalyst, President of "Telemaco di Jonas", Milan

MASSIMO RECALCATI

Psychoanalyst, Professor of Psychopathology of Eating Behaviour, University of Pavia; founder of JONAS, Centre of Psychoanalytic Clinical Practice for New Symptoms; Permanent Consultant and Clinical Supervisor at Residenza Gruber, Bologna

IOLANDA ROMANO

Professional Educator, Head of Day Centre, Residenza Gruber, Bologna

ELENA TOMBA

Psychologist and Psychotherapist, Associate Professor of Clinical Psychology, University of Bologna

PROGRAMME

Saturday, November 20

THIRD SESSION (10:30-12:45)

SUBJECTIVE TRANSFORMATIONS. Reconfigurations of symptoms

The third session will deal with the patient's treatment and recovery processes, defining the terms of the subject's rehabilitation, residual symptoms and the conclusion of the therapeutic process.

10:30-11:00

Giovanni Abbate Daga /

THE PSYCHIATRIC DIMENSION: CRITERIA AND INDICATORS OF HEALING

11:00-11:30

Valentina Fasoli / LIFE EXPERIENCES AFTER TRAUMA

11:30-12:00

Jeanne Magagna / THE HEALED PATIENT (online)

12:00-12:30

Massimo Recalcati / REHABILITATING DESIRE

DISCUSSION 15 minutes

12:45 – 13:45 Quick Lunch

FOURTH SESSION (14:00-16:30)

SOCIAL REINTEGRATION AND NETWORKING. Continuity of care

In the final session, professionals from the main treatment areas will discuss the key aspects of discharge, social reintegration and how to monitor the evolution of ED patients over time, i.e. the indispensable elements of relapse prevention.

14:00-14:30

Anna Rita Atti /

THE NETWORK AROUND THE PATIENT: FROM THE START OF CASE MANAGEMENT TO FOLLOW-UP

14:30-15:00

Elena Tomba / PREVENTING RELAPSE RISK FACTORS

15:00-15:30

Andrea Panico / THE SCHOOL SYSTEM AND EATING DISORDERS

15:30-16:00

Cristiana Andruccioli, Claudia Attili, Iolanda Romano / SOCIAL REINTEGRATION

16:00-16:30

Massimo Recalcati / CONCLUSIONS

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FONDAZIONE GRUBER

Who we are

FONDAZIONE GRUBER ONLUS

Fondazione Gruber is a private non-profit organization operating in the broad field of nutrition and treatment of Eating Disorders. Its founding partner, the Fondazione Isabella Seràgnoli, heads a group of healthcare and cultural foundations.

Fondazione Gruber manages healthcare facilities - offering both residential and outpatient services - providing specialist care in terms of diagnosis, treatment and psycho-nutritional rehabilitation.

The Foundation provides day and residential services through the Residenza Gruber.

Outpatient activities are managed by Centro Gruber.

The Foundation collaborates with the National Healthcare system through a public network connected to the Mental Health Centres in the Emilia-Romagna Region and the rest of Italy.

RESIDENZA GRUBER

Residenza Gruber accredited with the Italian National Healthcare System, delivers psycho-nutritional rehabilitation to patients needing specialist care for Eating Disorders.

The treatment approach is to identify the most effective therapy for the individual patient.

As a result, treatment is not confined to fixed, ready-made regimens but developed as a personalized program of therapy and activities.

The efficacy of the therapeutical model is ensured by the presence of a multidisciplinary team made up of psychiatrists, psychologists, nutritionists, dieticians, nurses, educators and healthcare workers.

The facility can host up to twenty residential patients and a further eight on a day-care basis. Patients are housed in a domestic and peaceful atmosphere, where the aesthetically pleasing surroundings also contribute to the success of the therapy.

CENTRO GRUBER

Centro Gruber also accredited with the Italian National Healthcare System, is a medical facility operating in the field of clinical nutrition and nutritional rehabilitation, providing a program of treatment and a specialist medical-nutritional consultancy based on a model of clinical assistance focused on high quality and a personalized approach. A multi-disciplinary, multi-professional team specializing in nutrition and psychological treatment makes sure that every patient follows a personalized therapeutic program based on his/her particular needs and characteristics.

ACCADEMIA DELLE SCIENZE DELLA NUTRIZIONE – ASNU

Through the Academy of Nutritional Sciences, Fondazione Gruber promotes the study of ED or nutritional diseases in general, disseminations of the outcomes of research and training of training of professionals involved in the care of patients. The Academy's activities aim to contribute to the continuous improvement of the quality of care, encouraging the acquisition of clinical and care skills by members of multidisciplinary teams involved in the psychological and nutritional rehabilitation of patients.

GENERAL INFORMATION

CONFERENCE VENUE

MAST. AUDITORIUM Via Speranza 42, Bologna – Italy

REGISTRATION

Participation in the conference is free of charge but prior registration is required.

You can register for the event through the website www.iec-srl.it, by entering the “Events” section and clicking on the Conference of your choice.

CONFERENCE PARTICIPATION GUIDELINES

Fondazione Gruber, organizer of the Conference, has provided for two ways to participate in the event:

- In person at the Fondazione MAST Auditorium (no seats available at the moment).
- In live streaming mode, with remote connection (places still available).

The Conference can be followed in Italian or English.

COVID-19 ACCESS RULES

In order to allow for safe participation in the Conference, Fondazione MAST has developed specific measures, in all areas, aimed at the containment of the Covid-19 virus.

In compliance with the Decree Law 105/2021, all attendees must exhibit a **COVID19 certificate (Green Pass)** in paper or digital format.

Access to and freedom of movement in all conference areas are restricted in order to ensure the safe participation of all attendees.

It is important to stick to the times listed in the programme and follow the procedures indicated inside the Fondazione Mast building.

SCIENTIFICA SECRETARIAT

Donatella Ballardini, Massimo Recalcati, Michele Angelo Rugo, Romana Schumann

ORGANIZING SECRETARIAT

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**4th Eating Disorders
International Conference**

UNDER THE AUSPICES OF:



ALMA MATER STUDIORUM
UNIVERSITÀ DI BOLOGNA

ANSSA

 Regione Emilia-Romagna

 SERVIZIO SANITARIO REGIONALE
EMILIA-ROMAGNA
Azienda Unità Sanitaria Locale di Bologna

Istituto delle Scienze Neurologiche
Istituto di Ricovero e Cura a Carattere Scientifico

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QUINQUE
CENTENARI
Sezione Bologna per lo studio del Disturbo del Comportamento Alimentare